



Coverage you can count on

Your Aetna® retiree health insurance just for Southern Methodist University retirees

Emeriti and Aetna have teamed up to provide retiree health insurance options just for Emeriti retirees. The plans available to you include Aetna Medicare Advantage, Medicare Part D prescription drug coverage and dental plans.

Medicare Advantage plans are private medical plans that offer the same benefits as Original Medicare and programs that Original Medicare doesn't cover. In fact, you must have Original Medicare to be enrolled in a Medicare Advantage plan.

We're here to help you navigate each step of the way. We've got you covered — because at Aetna, we believe **healthier happens together®**.



Key information to note:

- If you select a medical plan, you must also select a prescription drug plan. You cannot select a medical plan only. However, you may select only the Rx Standard Plan as a standalone option and add medical coverage at a later date.
- If you are continuing enrollment in the Aetna retiree health insurance, do not sign up for another Medicare Part D drug plan offered by another source. If you sign up for another Part D plan outside of the Emeriti Plan, your Aetna retiree medical, prescription drug, and dental coverage will all be canceled.

Open Enrollment is just around the corner: October 15 to December 7, 2025

If you're satisfied with your current Aetna coverage, you don't have to do anything. You'll be automatically enrolled in the same plans for 2026. If you'd like to opt out of your current coverage or switch plans, follow one of the two steps below by December 7, 2025.



1. Visit **MyEmeritiBenefits.org** to enroll online.

Or



2. Enroll by phone by calling the Emeriti Service Center at **1-866-EMERITI (1-866-363-7484)**, Monday to Friday, 8:00 AM to 5:30 PM ET.

Be sure to have the following information available:

- Your Social Security number
- Social Security number for your spouse or domestic partner, if applicable
- Medicare number and effective dates of coverage (on Medicare card)



Flexibility and confidence to choose your doctors

Your Aetna® plan is a Preferred Provider Organization (PPO). This means you have the flexibility to see any licensed provider or hospital as long as the provider is:

- Eligible to receive payment under Medicare
- Willing to bill and accept payment from Aetna

All Aetna Medicare network doctors are already confirmed to accept the plan. We have over **1.3 million** providers and over **4,300** hospitals in our network,* to provide you with quality care and support throughout your health journey. Remember, you may pay more for out-of-network services.

You'll never need a referral to see a specialist, and your coverage follows you wherever you travel, nationwide. Plus, you're covered for urgent and emergency care, worldwide.

We're here to help

Call us at **1-855-212-5666 (TTY:711)**, Monday to Friday, 8 AM to 8 PM ET, to find out if your doctor accepts the plan. We'll contact them to confirm. We can also help you find other nearby doctors and hospitals to meet your needs.

*Aetna Medicare Advantage PPO network as of July 2025.

Plan at a glance

Enjoy the comprehensive coverage you get today, plus benefits and cost savings. The charts below compare your options and show what you can expect to pay with each plan. Premium rates are based on your ZIP code and can be calculated online at [EmeritiHealth.org/smu](https://www.EmeritiHealth.org/smu).

Your 2026 Aetna retiree health plan options



**One Traditional
Choice Plan**



**Three Medicare Advantage
PPO plans**



**Three Medicare Part D
prescription drug plans**




**One optional
dental plan**

Aetna Traditional Choice medical plan option	What you pay:
Deductible	\$200
Out-of-pocket maximum	\$1,250
Member coinsurance	20%
Lifetime maximum	Unlimited except where otherwise indicated.
Referral requirement	None
Annual wellness visit	0% coinsurance (only covers immunizations and routine lab and X-ray charges associated with routine exam)
Primary care provider visit	20% coinsurance
Inpatient hospital	20% coinsurance
Outpatient hospital	20% coinsurance
Emergency care	20% coinsurance
Urgent care	20% coinsurance
Telehealth	20% coinsurance
Hearing and vision exams	0% coinsurance
Hearing aids	0% coinsurance (maximum 1 hearing aid per ear, every 3 years)

Aetna Medicare Advantage medical plan options	Medicare Advantage PPO Premium Plan	Medicare Advantage PPO Plus Plan	Medicare Advantage PPO Standard Plan
Deductible	\$0	\$0	\$0
Out-of-pocket maximum	\$2,000	\$2,750 (in network) \$5,450 (out of network)	\$7,550 (in network) \$11,300 (out of network)
Preventive care	\$0 copay	\$0 copay (in network) 25% coinsurance (out of network)	\$0 copay (in network) 30% coinsurance (out of network)
Primary care provider visit	\$15 copay	15% coinsurance (in network) 25% coinsurance (out of network)	\$15 copay (in network) 30% coinsurance (out of network)
Physician specialist visit	\$15 copay	15% coinsurance (in network) 25% coinsurance (out of network)	\$40 (in network) 30% (out of network)
Inpatient hospital	\$0 copay per stay	\$500 copay per stay (in network) 25% coinsurance per stay (out of network)	\$200 copay per day, days 1-7 (in network) 30% coinsurance per stay (out of network)
Outpatient services and surgery	\$0 copay	15% coinsurance (in network) 25% coinsurance (out of network)	\$185 copay (in network) 30% coinsurance (out of network)
Emergency care, worldwide (waived if admitted)	\$50 copay	\$50 copay	\$75 copay
Urgent care worldwide	\$15 copay	\$35 copay	\$40 copay
Hearing and vision exams	\$0 copay	0% coinsurance (in network) 25% coinsurance (out of network)	\$0 copay (in network) 30 coinsurance (out of network)

Aetna Medicare Part D prescription drug plan options offered by SilverScript®	Rx Premium Plan	Rx Plus Plan	Rx Standard Plan
Deductible	\$100	\$200	\$615
Pharmacy network*	P1	P1	P1
Formulary (drug list)	Comprehensive+	Comprehensive+	Classic
30-day supply through retail			
Tier 1 – Generic	10% coinsurance preferred pharmacy 15% coinsurance standard pharmacy	10% coinsurance preferred pharmacy 15% coinsurance standard pharmacy	10% coinsurance preferred pharmacy 15% coinsurance standard pharmacy
Tier 2 – Preferred brand	25% coinsurance	25% coinsurance	25% coinsurance
Tier 3 – Non-preferred brand	40% coinsurance	50% coinsurance	25% coinsurance
Catastrophic coverage phase			
Catastrophic coverage benefits start once you reach the \$2,100 annual out-of-pocket limit.	You pay \$0	You pay \$0	You pay \$0

*Visit [Emeriti.AetnaMedicare.com/smu](https://www.Emeriti.AetnaMedicare.com/smu) to find a network pharmacy.

 Aetna Dental® plan option	What you pay:
Deductible (basic and major services)	You pay \$100
Preventive services	100% covered
Basic services coverage (fillings, standard crowns, extractions)	You pay 50% coinsurance
Major services coverage (root canal therapy, surgical removals, dentures)	You pay 50% coinsurance
Annual benefit maximum	\$2,000

There's a lot to love about the plan's valuable benefits

Take advantage of the programs that address the whole you — physical, emotional and social. These benefits come with your Aetna Medicare Advantage PPO plan options, at no extra cost to you.



SilverSneakers® fitness benefit

Improve your health by going to any of thousands of participating fitness locations nationwide — or get a fitness kit you can use at home.



Resources For Living® program

Our Resources For Living program helps get you the right support when and where you need it. It's designed to help you find a wide range of services in your area — from personal care, housekeeping and maintenance to caregiver relief, pet care services, and local clubs and social programs.

There's no additional cost to speak with Resources For Living consultants. But, if you choose to use services that have associated costs, you'll need to pay those expenses.



24-Hour Nurse Line

Talk to our registered nurses, day or night. Based on your symptoms, they can help you decide if you need a doctor or urgent care visit.



Healthy Home Visit

A licensed health care professional can come to your home to review your health needs and do a home safety assessment. You can request a virtual online visit if you feel more comfortable doing so. During the visit, they may also review your medicines, complete some health screening tests if you wish, and recommend services that can support your health needs.



Transportation

We never want you to miss a medical appointment because you don't have a way to get there. Our partner MTM Health provides you up to 24 one-way (12 round-trip) nonemergency trips, with up to 60 miles per trip.



Post-discharge meal delivery

You can get 14 freshly prepared meals delivered to you after you're discharged from a qualifying inpatient hospital, inpatient psychiatric hospital or skilled nursing facility. These meals let you focus on recuperating while getting good nutrition. This benefit is part of your Aetna Medicare Advantage plan and is offered at no additional cost to you.



Virtual Care

Telehealth: You can get care from any in-network provider that offers telehealth services. You'll pay the same amount as an in-person visit. Contact your doctor or walk-in clinic to learn more.

Teladoc Health: Connect with a Teladoc Health primary care provider by web, phone or mobile app from anywhere for nonemergency medical needs. Whether you choose telehealth or Teladoc Health, you're covered for many nonemergency medical needs, such as cold and flu symptoms, allergies, skin problems and prescription refills.



Hearing aids and hearing services

Aetna® offers a wide range of hearing discounts through Hearing Care Solutions and Amplifon Hearing Health Care so you can hear your world better. This includes discounts on:

- Hearing exams and hearing aids
- Batteries and repairs
- Routine cleanings and other hearing aid services

For more information on Hearing Care Solutions, just call **1-866-344-7756** or visit **HearingCareSolutions.com**. And for more information on Amplifon Hearing Health Care, just call **1-888-784-6050** or visit **AmplifonUsa.com**.

Stay connected with your member website

Get started by visiting **Emeriti.AetnaMedicare.com/smu** and click on the “Login/Register” button. First-time users will need to create a user name and password. Be sure to have your Aetna® member ID card or Social Security number on hand.

Once you’re registered, you’ll be able to:

- Find a doctor or hospital
- Check your benefits
- Manage your claims
- Learn about wellness and discount programs
- Reduce paper by choosing electronic delivery of certain plan documents
- Lookup prescription drug information

After registering, be sure to agree to get electronic communications from Aetna. You’ll get Explanation of Benefits statements, account updates and other paper communications sent straight to your email.

What happens next

Documents to look for after you enroll



- 1. Plan confirmation letter** — This letter includes information to help ensure you understand your plan’s features. We’ll send it to you once the Centers for Medicare & Medicaid Services approves your enrollment.



- 2. ID cards** — When you enroll in a new plan, you will receive a medical ID card, and/or a prescription drug ID card. These cards should be used each time you visit the doctor, hospital or pharmacy. You can tuck away your red, white, and blue Medicare ID card. If you elect dental coverage, you’ll also get a dental ID card.



- 3. Evidence of Coverage** — This is a complete description of coverage under your Medicare plan and your member rights. It’s an important document — keep it in a safe place with your other plan information.



Helpful resources

Aetna® Member Services	Emeriti Service Center
<p>1-855-212-5666 (TTY:711) Monday to Friday, 8 AM to 8 PM ET Emeriti.AetnaMedicare.com/smu</p> <p>One-on-one support to help you with:</p> <ul style="list-style-type: none">• Aetna medical, prescription drug, and dental coverage details• Questions about your doctors and verifying that they accept your new plan	<p>1-866-EMERITI (1-866-363-7484) Monday to Friday, 8:00 AM to 5:30 PM ET EmeritiHealth.org/smu</p> <p>Emeriti can help you with:</p> <ul style="list-style-type: none">• General enrollment and eligibility questions• Enrolling in the plan• Updating your personal information

Aetna Medicare is a PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. SilverSneakers is a registered trademark of Tivity Health, Inc. © 2023 Tivity Health, Inc. All rights reserved. Resources For Living is the brand name used for products and services offered through the Aetna group of subsidiary companies. The Aetna Medicare pharmacy network includes limited lower cost, preferred pharmacies in: applicable areas. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, members please call the number on your ID card, non-members please call **1-855-338-7027 (TTY: 711)** or consult the online pharmacy directory at **<http://www.aetnamedicare.com/pharmacyhelp>**. For mail-order, you can get prescription drugs shipped to your home through the network mail-order delivery program. Typically, mail-order drugs arrive within 7-10 days. You can call **1-855-212-5666 (TTY: 711)** if you do not receive your mail-order drugs within this timeframe. The formulary and/or pharmacy network may change at any time. You will receive notice when necessary. Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. Participating health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

Visit **[Aetna.com/individuals-families/member-rights-resources/rights/disclosure-information.html](https://www.aetna.com/individuals-families/member-rights-resources/rights/disclosure-information.html)** to view or print your medical, dental or vision plan disclosures. Here, you can also find state requirements and information on the Women's Health and Cancer Rights Act.